



# CENTER FOR INDEPENDENCE

of Individuals with Disabilities  
*Serving San Mateo County*

# Newsletter

Winter 2015



## quickmatch

CID is looking for qualified caregivers for our QuickMatch Attendant Care Registry. The registry provides affordable and reliable personal assistants to older adults and persons with disabilities. We have a high standard and are proud of our home care workers.

**How Our Registry Works:** CID is not your employer. You are employed directly by our consumers (either a family member or an individual) who call to find a home health aide. Our consumers self-refer to you through our online registry called QuickMatch or by recommendation from registry staff.

**Who is Eligible?** To be eligible, you must be an independent caregiver, not a business owner or consultant in home care or related field. The minimum requirement to apply is at least three references for homecare positions of six months or longer within the last two years. Caregivers are self-directed and are prepared to handle a wide variety of situations. You must have proof of your eligibility to work in the United States.

If you are interested in applying for the registry, contact Alexandra Manieri at 650-645-1780 ext 119 to request an application.

Join us for CID's  
Monthly Housing Workshop

**INFORMATION AND RESOURCES** will be provided to assist with the search for affordable and accessible housing for individuals with disabilities living in San Mateo County

Second Tuesday of every month  
1:00 PM – 2:30 PM  
2001 Winward Way, Suite 103  
San Mateo, CA 94404



The San Mateo County Commission on Disabilities has been working hard to improve access!

Through the Commission's advocacy, the County has graciously committed \$1.2 million to making ADA upgrades to the Aging and Adult Services building at 225 37<sup>th</sup> Avenue in San Mateo. These upgrades will include improved paths of travel, better accessible parking, and potentially the installation of an accessible elevator.

Also, earlier this year the Commission produced the short ADA film:  
*You Can't Get There from Here*

Check out [www.tinyurl.com/adavideo](http://www.tinyurl.com/adavideo) to see the video posted on YouTube.



CID is proud to be a member of the San Mateo County Voter Accessibility Advisory Committee (VAAC).

The VAAC encourages citizen participation and provides valuable information to the Registration & Elections Division on county-wide voting accessibility matters affecting seniors and individuals with disabilities.

If you or someone you know might be interested in serving on this incredibly important committee, contact CID or check out the link below for more details

[www.shapethefuture.org/VAAC](http://www.shapethefuture.org/VAAC)



Interested in receiving this quarterly newsletter via email? You can sign up on our website! We promise that we will **NOT** spam or share your email with anyone.

# 35 for 35

Since opening its doors in 1979, CID has provided thousands of people with disabilities information and support to live their lives with independence and self-determination.

CID has exciting goals for the year ahead. In order to make those goals a reality, and in honor of our 35 years of service, CID is proud to launch this year's **35 For 35 Campaign**.

You have the ability, with just a \$35 minimum donation to positively impact the life of a person with a disability in San Mateo County.

Won't you please consider supporting CID in your year-end giving this year? Please mail in your check payable to CID, or, you can donate online at:

[www.cidsanmateo.org](http://www.cidsanmateo.org)

## Home Accessibility Modification



make her "mobility a little easier to live with."

Recently, we received a letter from Maria thanking us for some hand rails we installed at her home. We installed rails in the front and rear of her entrances of her residence. She thanked us for the quality of the work and for helping to

We install ramps, rails, grab bars, vertical lifts, and other modifications to make a home more accessible.



These modifications assist people with disabilities to remain at home, or move back into their home with greater independence.

This program may be available to you

**At No Cost!**

Please contact Lisa Heath at 650-645-1780 ext. 122

or email her at [lisah@cidsanmateo.org](mailto:lisah@cidsanmateo.org)



## Center for Independence of Individuals with Disabilities

### San Mateo Office:

2001 Winward Way  
San Mateo, California 94404  
Tel: 650.645.1780  
Fax: 650.645.1785  
TTY: 650.522.9313

### San Bruno Branch Office:

1590 El Camino Real, Suite C  
San Bruno, California 94066  
Tel: 650.589.8994  
Fax: 650.589.8995  
TTY: 650.589.8170

## Our services include:

- ADA Consulting
- Housing Modification
- Counseling & Peer Support
- Independent Living Skills Training
- Information & Referral
- Systems Change Advocacy
- Assistive Technology
- Financial Benefits Counseling
- System Reuse Program

Please call, email, or stop in for more information

***CID's mission is to provide support services, community awareness, and systems change advocacy to promote full and equal community integration and participation for people with disabilities in San Mateo County.***



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Member of

