



CENTER FOR  
**INDEPENDENCE**  
of Individuals with Disabilities  
*Serving San Mateo County*

## CID Peer Support Program

- Are you over 18 years old & live with a disability?
- Do you feel isolated & alone?
- Are you looking for more ways to connect with others in San Mateo?

**If so, we invite you to join us!**

**Peer Support Group meets in person and virtually from 3-4pm every Wednesday.  
Social hour between 2-3 PM.**



**Location:**  
Center for Independence  
2001 Winward Way,  
Suite 103  
San Mateo, CA 94404

**To attend, please register with Peter Chiu  
by phone at: 650 645-1780 Ext. 127 or  
via email at: [peterc@cidsanmateo.org](mailto:peterc@cidsanmateo.org)**

**When you come into the peer support group, you are no longer alone but among true friends who understand your situations as few others could!**

**We look forward to seeing you and serving your peer support needs!**

**You are not alone!**