mental wellness

To better serve the mental health community, we are pleased to announce that we’ve recently hired Charlotte Emilie Cesana as a mental health consultant for our agency.

Charlotte comes to us with extensive knowledge in the mental health field, having graduated Columbia University with a Master’s Degree in Clinical Psychology. Previously, she worked at the United Nations on issues of mental health.

To identify San Mateo County’s strengths as well as its deficits, Charlotte is currently conducting a needs assessment. With this, she will be able to make recommendations for where CID can be most effective in advocating for persons with mental illness.

Our focus on this issue will include criminal justice, education, insurance companies, and employment.

Interested in receiving this quarterly newsletter via email? You can sign up on our website! We promise to NEVER send you spam or share your email with anyone.

A Very Special Thank You to This Year’s Platinum Sponsors of the Transition Fair

We have several new items in our AT inventory like this red power wheelchair in great condition! We can help you get a new battery for this wheelchair so you can take it home.

Contact Leonardo Camargo, Assistive Technology Coordinator at (650) 645-1780 ext 127 or email him at leonardoc@cidsanmateo.org
CID now hosts webinars!

On April 19, CID hosted its first ever webinar, which discussed work incentives available to SSI and SSDI beneficiaries who want to return to work. WIPA (Work Incentives Planning and Assistance) staff presented and recorded this information, which is available free of charge to beneficiaries and professionals interested in learning more about the WIPA program. If you’re interested in accessing this recorded presentation, please give us a call at 650-645-1780 and ask for Kate Brune, Community Work Incentives Coordinator.

We also are happy to offer ongoing webinars about CID services and specific topics, and welcome your ideas and requests for future presentations. Let’s work together to get important information to consumers and professionals alike.

We look forward to hearing from you!

CID has partnered with the San Mateo Public Library and the County’s Commission on Disabilities to host screenings of three disability-focused films.

**BECOMING BULLETPROOF**

All three films are free, open to the public, and will be screened in the Oak Room of the San Mateo Public Library located at 55 W. 3rd Avenue. Following each film, CID will facilitate a brief discussion.

**AUG. 17th @ 1pm - BECOMING BULLETPROOF**

documents the making of an original Western film called, _Bulletproof_. _Bulletproof_ features actors with and without disabilities who meet every year at Zeno Mountain Farm (ZMF) to write, produce, and star in original short films.

**SEPT. 23rd @ 1pm - MARWENCOL**

is a feature documentary about the fantasy world of Mark Hogancamp. After being beaten into a brain-damaging coma by five men outside a bar, Mark builds a 1/6th scale World War II-era town in his backyard. After photographing his miniature town, a local gallery picks up his work.

**OCT. 19th @ 2pm - LIFE, ANIMATED**

is the inspirational story of Owen Suskind, a young man who was unable to speak as a child until he and his family discovered a unique way to communicate by immersing themselves in the world of classic Disney animated films.

Our services include:

- ADA Consulting
- Housing Modification
- Counseling & Peer Support
- Independent Living Skills Training
- Information & Referral
- Systems Change Advocacy
- Assistive Technology
- Financial Benefits Counseling
- System Reuse Program

Please call, email, or stop in for more information.

CID’s mission is to provide support services, community awareness, and systems change advocacy to promote full and equal community integration and participation for people with disabilities in San Mateo County.

For accessibility, this publication is available in alternative formats upon request. Please contact our office for details.