Since 2016, Center for Independence of Individuals with Disabilities has partnered with the American Red Cross and the County of San Mateo Public Health Emergency Preparedness to educate seniors and people with disabilities on how to prepare for and what to do in an emergency.

Our June event took place at Little House. We were able to educate 100 seniors and people with disabilities on the importance of Emergency Preparedness and what to do once an emergency strikes. We also spoke to what resources should be taken into account when putting together a community shelter. Ryan Zollicoffer, Disaster Response Manager of Menlo Park Fire Protection District, also addressed the audience letting them know what they can expect from the Fire department when responding to an emergency. In addition to the main presentation, we brought together other community organizations to share information on what they offer to the community. Organizations included 70 Strong, HIP Housing, Elder and Dependent Adult Protection Team, and the Paratransit Coordinating Council.

After the presentation, we raffled 30 3-day emergency kits for attendees. Our next Emergency Preparedness event will take place at the San Bruno Senior Center on November 9th. This is not an event you’ll want to miss. Register today!

**Next Event:**
**Emergency Preparedness Event for Seniors and Individuals with Disabilities**
**Friday, November 9th, 2018**
**10:00 AM - 12:00 pm**
**San Bruno Senior Center**
**1555 Crystal Springs Rd, San Bruno**

**Expert Advice:**
Learn about preparedness topics from CID presenters and First Responders.

**Free:**
- Admission
- Refreshments
- Raffle: 3-Day Emergency Kits
- Goodie Bags for the First 100 Guests

**PLEASE RSVP BY:**
**Friday, November 2nd**
(650) 645-1780 Ext. 115
CIDemergencyprep@gmail.com
The National Council on Independent Living Conference took place on July 22 in Washington DC. Advocates came from across the county to celebrate their disability, learn from each other, and educate Members of Congress about issues of importance to the disability community. This year CID’s System Change Advocate and other California advocates spent much of their time on Capitol Hill speaking to our Senators and Members of Congress about the Disability Integration Act and the Empower Care Act.

The Disability Integration Act (DIA) carries forth the promise of the Olmstead Decision through legislation. By calling for Medicaid to fund Home and Community Based Services, the DIA would provide the legislative right for people with disabilities to receive the care they need in their homes rather than nursing homes. The community is not only the place people with disabilities

Assistive Technology Update

In April, CID’s AT Coordinator, Vincent Lopez, presented to first graders at Spruce Elementary School in South San Francisco. Vincent taught the students about independent living centers and how we help people stay in the community. He explained assistive technology and how assistive devices are used by individuals with all types of disabilities. After the brief introduction, he read the book, “Don’t call me Special” by Pat Thomas, which teaches about promoting inclusion of people with disabilities. It focuses on not just apparent, but hidden disabilities, which showed the kids that there is a spectrum of disabilities. He answered questions about the book and disabilities. Vincent also showed three videos from Communication Technology Education Center. The first video shows that people have a right to communication using their “tools”. The second shows how not to act when caring for a person with a disability. The third shows the correct way to treat people with disabilities. He went over the discussion questions at the end of each video as well as gave the students magnifiers from Ability Tools. Later in the day, they did a work page that required a magnifier to get the answers. Presentations of inclusion and disability awareness helps create an accepting environment for children with disabilities. If you are in need of assistive technology or would like to learn more, contact AT Advocate Vincent at (650) 645-1780 x127 or vlopez@cidsanmateo.org.
wish to live and receive care; but providing care for individuals in the community will also ultimately save the government about $30,000/Yr (per person).

The Empower Care Act would extend the Bush-era Money Follows the Person funding thru to 2022 ($450 M/YR), which is used to transition people with disabilities from institutions back into the community. This would put money behind one of the main goals of Independent Living Centers.

Representative Jackie Speier is currently a co-sponsor of the Empower Care Act, while Representative Anna Eshoo is a co-sponsor on the Disability Integration Act. CID’s System Advocate will continue to educate our representatives on legislation that will impact individuals with disabilities.

Transition Fair

Transition to Independence Fair: Resources for Individuals & Families with Disabilities in San Mateo County
October 20th, 2018, 11 am - 3 pm
Mills High School, 400 Murchison Dr, Millbrae, CA

TransitionFair.Org:
“Learn about programs and services available to students who are no longer eligible for school-based special education programs. The event brings together 40 agencies that provide higher education, job training, employment, day programs, living options, and health services to adults with disabilities.

The event will also feature 8-10 workshops ranging from benefits counseling, advocacy, healthcare, employment, college preparedness and assistive technology.

THIS IS A FREE FAIR WITH A TONS OF RESOURCES FOR SAN MATEO COUNTY INDIVIDUALS AND FAMILIES!”

AmazonSmile

Thank you for supporting Center for Independence of Individuals with Disabilities. Your shopping makes a difference. Amazon donates to Center for Independence of Individuals with Disabilities when you shop at smile.amazon.com, and select Center for Independence.
Center or Independence of Individuals with Disabilities just completed its Summer Film Series in partnership with the San Mateo Public Library. Films in this series were “Monica & David”, "A Friend Indeed: The Bill Sackter Story”, “Me Before You”, and “Swim Team”. The purpose of showing these films is to create community conversations around films leading to community awareness about disability issues. Similarly, to the fact that disability history has not been without its fair share of obstacles, so too are the subjects of the films.

They are shown the intent to display the true trials, tribulation, and victories that we have faced as a community. Some show how individuals and their families deal with their disabilities, pulling sectors of the disability community together recreate and have fun. Others are shown to think about debates in the disability community and create a safe space to have them.

This summer we had 58 people join us for the films. Although we have been pleased with the turn out we have had we are always looking to grow that number. We are currently looking at planning movies for the fall.

Often times to build something large, such as a movement, we must start small. Let’s get together soon, watch a movie, and discuss topics of importance to our community! Follow us on social media to learn about upcoming films when they are scheduled!

**Community Building Through Movies**

**Peer Support Group**

**When:** Thursdays 10am-12pm  
**Location:**  
Center for Independence  
2001 Winward Way Ste 103  
San Mateo, CA 94404  
Potential discussion topics include:  
- Living with and accepting a disability  
- Family and relationship difficulties  
- Employment and housing issues  
If interested in joining the group, contact:  
Alex Madrid  
650-645-1780 ext 203  
alexm@cidsanmateo.org

**Home Accessibility Modification Program**

We install ramps, rails, grab bars, vertical lifts, and other modifications to make a home more accessible. These modifications assist people with disabilities to remain at home, or move back into their home with greater independence.

This program may be available to you! Please contact Lisa Heath at 650-645-1780 ext. 122 or email her lisah@cidsanmateo.org.

**San Mateo Office**
2001 Winward Way Suite 103, San Mateo, 94404  
Tel: 650.645.1780  
TTY: 650.522.9313

**San Bruno Branch Office**
1590 El Camino Real, Suite C, San Bruno, 94066  
Tel: 650.589.8994  
TTY: 650.589.8170

Our services include:  
- ADA Consulting, Housing Modification, Counseling & Peer Support,  
- Independent Living Skills Training, Information & Referral, Systems Change Advocacy, Assistive Technology, Financial Benefits Counseling, Medical Reuse Program