Emergency Preparedness
In 2017, CID hosted two successful emergency preparedness events for seniors and individuals with disabilities in Menlo Park and San Bruno. Attendees learned valuable information about the disaster planning from the Red Cross, San Mateo County Office of Emergency Management, Center for Independence and local fire departments, and many attendees won emergency kits in a raffle. Many thanks to the City of Menlo Park and San Bruno Community Foundation for sponsoring these events! CID plans to host additional Emergency Preparedness events in 2018 – stay tuned for future dates!

Falls Prevention Week
On September 22, 2017 CID collaborated with Home Safety Services to increase community awareness to Falls Prevention Week, which takes place during the first week of fall every year.

For this project, CID identified a consumer in need of modifications, and Home Safety Services installed several grab bars in her bathroom as well as a floor to ceiling bedside pole free of charge. With these home modifications, Ms. Titus is safer in her home and has additional support and balance while standing in the bathroom and bedroom. These home modifications have improved her ability to function independently at home and she is very grateful for our service.

For more information regarding CID’s Home Modification Program, contact Lisa at (650)645-1780 Ext. 122.

On 11/9/2017, the CID Peer Support Group made Thanksgiving décor and napkin rings.

Peer Support Group

Thursdays
2:00pm – 4:00pm

Center for Independence
2001 Winward Way Suite 103
San Mateo, CA 94404

Potential goals for the group include:
Living with and accepting a disability
Family and relationship difficulties
Employment and housing issues

If interested in joining the group, contact:
Alex Madrid
Independent Living Generalist
650-645-1780 ext 203
alexm@cidsanmateo.org

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For accessibility, this publication is available in alternative formats upon request. Please contact our office for details.

Voter’s Choice Act

In September 2016, Governor Brown signed the **Voter’s Choice Act (VCA)** to make voting easier for people with disabilities and other minority groups. San Mateo County is one of five counties set to implement the VCA starting with the June 5, 2018 Statewide Direct Primary Election.

Starting with this election, voters in San Mateo County will have three options:

1. **Vote by mail** - All registered voters will receive a ballot in the mail along with a postage paid return envelope. Once completed, the ballot can be mailed back to the elections official in the return envelope.

2. **Drop off** – The voter also has the option of dropping their ballot at one of over 20 drop-off locations not including the 24 hour drive up drop box at 40 Tower Road in San Mateo. Drop-offs will be checked periodically and ballots will be taken to the issuing elections official.

3. **Visit a Vote Center** – Voters will have the option of going to one of 39 Vote Centers in San Mateo County, which will replace polling places. Although there will be fewer Vote Centers, a lot more can be done at Vote Centers than at traditional polling places. Residents can visit any Vote Center in the county to **cast a vote in person, register and vote on the same day, drop off a ballot, use an accessible voting machine, and get help and voting materials in multiple languages.** Vote Centers will be open up to 29 days before Election day.

For details on drop off locations or Vote Center locations and hours visit [www.shapethefuture.com](http://www.shapethefuture.com).

Assistive Technology Update

CID’s AT Coordinator, Vincent, received a call from a mother whose young daughter recently got a new wheelchair. Their insurance would not approve an EZ-Lock, which would allow the wheelchair to safely and quickly secure to the car. Without the EZ-Lock, the girl’s parents would have to manually strap the wheelchair down, which takes much longer and is not as secure, preventing her from being fully integrated in the community. An authorized dealer is required for the install of the EZ-Lock. Vincent received a preliminary price quote for the EZ-Lock system from Mobility Works of Santa Clara, and collaborated with DOR to apply for Diversion funding, which was approved. Vincent met the consumer’s mother at Mobility Works, and waited with her for more than two hours while the EZ-Lock was installed.

A week after the installation, the mother called, stating that the EZ-Lock was not adjusted correctly, causing the chair to scrape up ramps in the home. The mother brought the van and chair back to Mobility Works for readjustment. Vincent coordinated with the mother and Mobility Works to ensure that the work was completed in a timely manner. When the work was finished, the mother stated that she was grateful that CID was able to help with the EZ-Lock installation. She also sent a picture of her daughter safely riding in the van.

Center for Independence of Individuals with Disabilities

San Mateo Office:
2001 Winward Way
San Mateo, California 94404
Tel: 650.645.1780
Fax: 650.645.1785
TTY: 650.522.9313

San Bruno Branch Office:
1590 El Camino Real, Suite C
San Bruno, California 94066
Tel: 650.589.8994
Fax: 650.589.8995
TTY: 650.589.8170

Our services include:

- ADA Consulting
- Housing Modification
- Counseling & Peer Support
- Independent Living Skills Training
- Information & Referral
- Systems Change Advocacy
- Assistive Technology
- Financial Benefits Counseling
- System Reuse Program

Please call, email, or stop in for more information

CID’s mission is to provide support services, community awareness, and systems change advocacy to promote full and equal community integration and participation for people with disabilities in San Mateo County.

An Affiliated Member of:  

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![CFILC](https://www.csim.org/images/logo.png)