

# Center for Independence of Individuals with Disabilities

## Newsletter Winter 2019-2020

### CalFresh Program

Effective June 1, 2019 California's Assembly Bill 1811 reversed a program that excluded SSI/SSP recipients from participating in the CalFresh food benefits program. With this bill many seniors over 60 and people with disabilities may now qualify for CalFresh benefits.

In November 2019, Center for Independence started the CalFresh outreach program. CID's goal is to aid the increase of CalFresh participation for SSI/SSP household in San Mateo County. Before June 2019, many were denied of CalFresh benefits because they were receiving SSI/SSP. CID is currently pre-screening and assisting with CalFresh applications for our consumers who might qualify for the program. Even if you were denied before because of SSI/SSP, your household may now qualify. For more information about CalFresh food benefits and to check eligibility, contact CID's CalFresh outreach team today.

### Work Incentives Planning and Assistance (WIPA) Program

On January 29, 2020, CID's Work Incentives Planning and Assistance (WIPA) team presented a small workshop at Bay Area Community Services (BACS) in Fairfield, California.

BACS focuses on the connections between mental health and socioeconomic disparities. BACS provides individuals with respite locations and transitional housing. BACS has locations all across the East Bay.

The WIPA team presented to a small group at one of BACS' respite locations. They were able to speak with individuals who are returning to independent living and need help understanding how their Social Security benefits might be impacted when starting work for the first time or returning to work. "I was very happy to teach the guidelines that Social Security has to individuals that are trying to better their lives and take responsibility for educating themselves by attending the our WIPA workshop," Camilla Aceves, CWIC, stated.

This is the second year the WIPA team has taught their work incentive workshops at BACS. The WIPA team plans to make this a yearly event.

### [CID at the Daly City Farmers' Market!](#)

CID is excited to announce that we will be tabling the Daly City Farmers' Market every other month starting Thursday, February 20th at 133 Serramonte Center. Visit us between 9 am–1 pm, Thursdays only.

Future Dates: 4/16, 6/18, 8/20, 10/15 and 12/17.

The Farmers' Market is celebrating 23 years of bringing together farmers and community shoppers. See you there!

### [FREE Housing Workshop](#)

**Second Tuesday of Every Month:** 1:00 PM - 2:30 PM, Center for Independence Main Office, 2001 Winward Way, Suite 103, San Mateo, CA 94404

**Fourth Wednesday of Every Month:** 10:00 AM - 11:30 AM, Center for Independence Branch Office, 1590 El Camino Real, Suite C, San Bruno, CA 94066

This workshop provides INFORMATION AND RESOURCES about affordable and accessible housing to individuals with disabilities in San Mateo County. Registration required due to limited space. For more information or to register, call 650-645-1780. \*\*Individuals are required to attend the housing workshop prior to receiving one-on-one housing services from CID\*\*

### [Housing Accessibility and Modification Program \(HAM\)](#)

Do you need modifications to your home to make it safer and easier to get around? CID has funding available for its Housing Accessibility Modification Program for residents in South San Francisco, Daly City, Redwood City and the city of San Mateo.

We install grab bars, hand-rails, stair-lifts, ramps, and other modifications to make homes accessible and safe. FREE for income-qualified individuals. Home owners AND eligible renters, for more information, contact Lisa at 650-645-1780 Ext. 122 or [LisaH@cidsanmateo.org](mailto:LisaH@cidsanmateo.org).

## Peer Support Group

When: Thursdays 10am–12pm

Location: Center for Independence, 2001 Winward Way Ste 103, San Mateo, CA 94404

Potential discussion topics include: Living with and accepting a disability, family and relationship difficulties, employment and housing issues.

If interested in joining the group, contact: Alex Madrid, 650-645-1780 ext 203, [alexm@cidsanmateo.org](mailto:alexm@cidsanmateo.org).

## AmazonSmile

Thank you for supporting CID. Your shopping makes a difference. Amazon donates to Center for Independence of Individuals with Disabilities when you shop at [smile.amazon.com](https://smile.amazon.com), and select Center for Independence.

## Center for Independence of Individuals with Disabilities:

### Locations

San Mateo Office: 2001 Winward Way San Mateo, California 94404, Tel: 650.645.1780 Fax: 650.645.1785 TTY: 650.522.9313

San Bruno Branch Office: 1590 El Camino Real, Suite C San Bruno, California 94066, Tel: 650.589.8994 Fax: 650.589.8995 TTY: 650.589.8170.

### Our services include:

- ADA Consulting
- Housing Modification
- Counseling & Peer Support
- Independent Living Skills
- Training
- Information & Referral
- Systems Change Advocacy
- Assistive Technology
- Financial Benefits
- Counseling
- System Reuse Program

Please call, email, or stop in for more information.

*CID's mission is to provide support services, community awareness, and systems change advocacy to promote full and equal community integration and participation for people with disabilities in San Mateo County.*

*For accessibility, this publication is available in alternative formats upon request. Please contact our office for details*

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