Document art background: Snowflakes with winter theme
Title: Winter 2019 Campaign. Support CID as we celebrate 40 years of service to people with disabilities.

1979 Image: Group photo of original Center for Independence of Individuals Board of Directors.

News article image from 1979: Center for the Disabled Gets Council Approval.

Testimonial Quote: The quality of my life has improved since the installation of bathroom grab bars. For the first time in years I am able to bathe without assistance. -- Helen N.

1980s Images: (first) Woman sitting in a modified van. (second) Two staff people giving a presentation. (third) Three people protesting in a rally holding a sign reading "Support disability rights."

News article image from the 1980s: Center for Independence Does Just That

1990s Image: Staff photo of CID.

News article image from the 1990s: CID Offers Support When Most Needed

Testimonial quote: I hadn't realized how lucky I was to have a power chair until I had one. Thank you so much for your help in getting me one. -- Karen L.

Images from today: (first) Staff member at a disability rights rally. (second) Staff posing with Boy Scout Troop, with some of the boys sitting in wheelchairs.

Testimonial quote: We hope that you all know what a difference you make in
improving the quality of life for those of us with disabilities. --Evelyn and Tom S.

Forty years ago, the Center for Independence of Individuals with Disabilities started with a simple mission: support people with disabilities to achieve independence in their lives. That mission remains just as true today as it did in 1979. Now, as then, a committed group of staff, board, and community supporters work to provide vital services that directly impact the lives of those we serve. With your donation of $40 for our 40 years, we will continue to fulfill our mission and expand our reach to even more people with disabilities.

DONATE ONLINE TODAY AT: [www.cidsanmateo.org](http://www.cidsanmateo.org)

Center for Independence of Individuals with Disabilities:

Locations
San Mateo Office: 2001 Winward Way San Mateo, California 94404, Tel: 650.645.1780 Fax: 650.645.1785 TTY: 650.522.9313

Our services include:

- ADA Consulting
- Housing Modification
- Counseling & Peer Support
- Independent Living Skills
- Training
- Information & Referral
- Systems Change Advocacy
- Assistive Technology
- Financial Benefits
- Counseling
- System Reuse Program

Please call, email, or stop in for more information.

*CID's mission is to provide support services, community awareness, and systems change advocacy to promote full and equal community integration and participation for people with disabilities in San Mateo County.*
For accessibility, this publication is available in alternative formats upon request. Please contact our office for details

Interested in receiving this quarterly newsletter via email? Sign up on our website! We promise to NEVER send you spam or share your email with anyone.